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## AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application.

- 1. (Currently Amended) A circuit board comprising:
  - a first plane;
  - a second plane;
  - a via spanning said first and second plane; and

an impedance component placed in said via and coupled to said first plane and said second plane further comprising rolled carbon material having a first end and a second end.

- 2. (Original) The circuit board of claim 1, wherein said impedance component is a resistor.
- 3-5. (Cancelled)
- (Currently Amended) The circuit board of claim 2, wherein said resistor comprises: 6. rolled carbon material having a first end and a second end; and
- a first conductive cap coupled to said first end, and a second conductive cap coupled to said second end;

wherein said first conductive cap is coupled to said first plane, and said second conductive cap is coupled to said second plane.

7. (Cancelled)

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8. (Currently Amended) A method of adding impedance to a circuit board having a first plane, a second plane, and a via spanning said first and second plane, said method comprising: forming an impedance component having a first conductive cap and a second conductive cap;

placing said impedance component in said via; and coupling said first said to said first plane and said second cap to said second plan wherein said impedance component further comprises; rolled carbon material having a first end and a second end.

- 9-13. (Canceled).
- (Currently Amended) A circuit board comprising: 14.
  - a plurality of planes;
  - a via spanning at least two of said planes; and

an impedance component placed in said via and coupled to at least two of said planes wherein said impedance component is a resistor further comprising:

rolled carbon material having a first end and a second end: and

- a first conductive cap coupled to said first end, and
- a second conductive cap coupled to said second end;

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wherein said first conductive cap is coupled to said first plane, and said second conductive cap is coupled to said second plane.

15-20. (Canceled).

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